

Hello Summer Dance Families!

We hope that you are enjoying a great start to your summer! We know time flies at this time of year, so we wanted to let you know what your dancer will need for camp at Exhale this summer.

Drop off/Pick up: Front door of the Norfolk Grange, 28 Rockwood Rd Norfolk MA

***Please let us know if someone different/new will be picking up.

***If you plan to arrive prior to 1pm (half day) or 4pm (full day), please let us know as we may take a walk to the playground/park for an outside break

What to wear:

For all camps (except for dance company intensive at the end of the summer) dancers **do not** need dance clothes.

Cool, comfortable workout clothes... shorts, a tank top, and clean sneakers. If you have dance shoes, feel free to bring them.

What else to bring:

FULL DAY (9AM-4PM): 2 snacks and Lunch, refillable water bottle

HALF DAY (9AM-1PM): 1 snack and Lunch, refillable water bottle

**If your dancer is staying for pre and/or post camp, please pack any additional snacks accordingly. Pre/post camp is a separate enrollment, please contact the office if you would like to sign up (pre-camp available from 7am-9am, post-camp available for full day only from 4pm-6pm)

**Will have bottled water for purchase at the studio if you arrive without a water bottle. Bottled water is \$1 per bottle

SUNSCREEN (labeled with dancers first and last names): Please apply prior to drop off and include in your dancer's bag if you would like us to reapply...we will be eating outside and taking breaks outside as weather permits.

Please let us know if you have any questions!

Thanks,
Jen Oliver
Office Manager, Exhale

