



28 Rockwood Rd, Norfolk MA
 (We are moving to 18 Union St Suite 103!)
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 Exhaledance.com
 508.345.0995

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:00-10:30am First Steps (ages 2-3)	3:45-5:15 EDC I Ballet/Tap (Grades 2&3)	10:00-11:00am Adult Jazz (18+)	3:45-5:15 EDC I Ballet/Jazz (Grades 2&3)	10:00-11:00 Adult Ballet (18+)	8:30-9:00 First Steps (18mths-2yrs)	1:30-3:00 Adult Advanced (18+) Ballet
1:30-2:15 Preschool (3-4 yrs)	5:15-6:00 Kindergarten	11:00am-12:00pm Adult Ballet (18+)	5:15-6:45 TJB II (Grades 2&3)	11:00-12:00 Adult Cardio Jazz (18+)	9:00-9:45 Preschool (3-4yrs)	3:00-4:30 Adult Advanced (18+) Modern/Contemporary
4:00-5:00 EDC II Ballet (Grades 4-6)	6:00-7:15 Hip-Hop & Tumbling for dancers (Grades 4-6)	1:30-2:15 Preschool (3-4 yrs)	7:00-8:00 Adult Jazz (18+)	1:30-2:15 Preschool (3-4 yrs)	9:45-10:30 Kindergarten	
5:00-6:00 EDC II Tap (Grades 4-6)	7:15-8:45 Teen Tap & Jazz (Grades 7-12)	4:00-5:00 EDC II Ballet (Grades 4-6)	8:00-8:30 Adult BDC Jazz (Adult Dance Company)	4:00-4:45 Pre-K (Ages 4-5)	10:30-12:00 TJBI (Grade 1)	
6:00-7:00 Teen Hip-Hop (Grades 7-12)		5:00-6:00 EDC II Jazz (Grades 4-6)		4:45-6:15 TJB I Grade 1	12:00-1:30 TJB II (Grades 2&3)	
7:00-8:00 Adult Ballet (18+)		6:00-7:30 Pre-Teen Jazz & Tap (Grades 4-6)		6:15-7:15 EDC I & II Practice*	1:30-2:30 Hip-Hop I (Grades 1 & 2)	
8:00-9:00 Adult Tap (18+)	CLICK THE CLASS TO VIEW THE DESCRIPTION	7:30-8:30 Teen Contemporary (Grades 7-12)		*EDC Friday schedule will be given out in September.		
9:00-9:30 BDC Tap (Adult Dance Company)	CLICK HERE TO VIEW TUITION COSTS.	8:30-9:30 Adult Ballet (18+)	CLICK HERE TO REGISTER!		Looking for a class that isn't listed? Contact us today!	