The Magic of Dance
May 22, 2022
Celebrating 5 years of joyous dancing!
exhale

Note from the CEO & Founder:

She always wore bright red lipstick, outrageous clothing and lived each day as if it was her last. She was my drama teacher in High School and these words she spoke changed my life forever, "Every day should be magical... otherwise, you should be living a different life." This statement was one of the many reasons I chose dance as a career path and took a giant leap of faith in opening Exhale five years ago. It was the inspiration for this year's recital theme as well. Dance has always been 'my magic'. Even on my darkest days, I turn on the music to dance and all of life's pressures fade away. Dance is my release, my happy place, my 'Exhale'. That is all I want Exhale to be for my students, staff and faculty. A place where we persevere through challenges and learn to be the best version of ourselves. A school of dance where students do not compare themselves to others, but rather compare yesterday's progress to today's. A 'home' where dance is solely about the art form and the lessons we learn throughout our dance journey. Lessons that I hope will give my students and staff the strength and bravery needed to create a little magic of their own.

I would like to thank my Exhale Family for five magical years of dance. Cheers to a hundred more! Thank you for being an integral part of our journey.

To my students, no matter how old you get I hope you find the time to dance in your kitchen, sing loudly in the car and enjoy the magic that is all around you.

With love,
Mrs. Jen

The Magic of Dance

Magic Happens	Exhale Dance Company
Life's a Happy Song	Youth Performance Class
101 Dalmatians	Saturday Preschool
Unicorns and Fairies	Wednesday Pre-K
My Boy Lollipop	Viola Oliver
Circle of Life	Saturday Hip-Hop II
The Little Mermaid	Thursday Kindergarten
Magic	Exhale Dance Company III
A Star is Born	Jaclyn Fritz
Teen Beach Movie	Tuesday Musical Theater
Goofy Fun	Thursday Intro to Hip-Hop
Live Your Story	Vera Wainwright
Princess Diaries	Exhale Dance Company I
Ac-Cent-Tchu-Ate the Positive	Rose Cote
In Summer	Wednesday Preschool
Mambo #5	Tuesday Tap Jazz Ballet II
In the City	Emily Jacobsen
Zero to Hero	Exhale Dance Company II
Fly With Me	Friday Preschool
1-2-3!	Lyla Graham
Be Our Guest	Saturday Tap Jazz Ballet I
New Classic	Tuesday Pre-Teen Hip-Hop
The Cheetah Girls	Tuesday Tap Jazz Ballet II
Trash the Camp	Exhale Dance Company II
Show Yourself	Saturday Tap Jazz Ballet I
Hero	Amerie Philips
Remember Me	Exhale Dance Company I
Touch the Sky	Tuesday Tap Jazz Ballet II
BFFs	Isabella Brabants & Rose Cote
Part of Your World	Saturday Kindergarten
Under the Sea	Friday Tap Jazz Ballet I
Silver Fairy	Saoirse Donovan
Mulan	Pre-Teen Contemporary
Footloose	Adult Jazz
Cool Dudes!	Monday Boys Hip-Hop
What Dreams are Made of	Saturday Elementary Dance
Waltz of the Flowers	Exhale Dance Company
Guest	Miss Melissa
Zip a Dee Do Dah	Friday Tap Jazz Ballet I
Guest	Mrs Jen
I Can See Clearly Now	Exhale Dance Company III
Happily Ever After	Exhale Dance Company

Performers:

Exhale Dance Company:

Isabella Brabants, Giada Carone, Rose Cote, Saoirse Donovan, Jaclyn Fritz, Isabella Galvin, Lyla Graham, Emily Jacobsen, Olivia Joughin, Payton Lee, Adriana Lungwitz, Brielle McGonagle, Mabel Murphy, Viola Oliver, Elizabeth Pagliarulo, Ella Paralta, Amerie Phillips, Lily Tobar-Fawley, Vera Wainwright

2021-2022 Season Dancers:

Olivia Amper-Daily, Shae Atwood, Mackenzie Baker, Emmeline (Emme) Bell, Colbie Berard, Nolan Brady, Leighton Bramhavar,Tessa Brooks, Ellie Buley, Vivian Campbell, Adelaide Carone, Fiona Carr, Harper Cashman, Sophia Casto, Lila Chaffee, Grace Chafkin, Annie Cleary, Quinn Colwell, Elise Conley, Lindsey Costello, Olivia Costello, Sophia Cote, Meredith Dame, Katherine Demone, Madelyn Demone, Veralyn Ocean Denishenko, Kayla Dhinsa, Aoife Donovan, Juliet Dubuque, Emily Eaton, Grace Fairchild, Katie Ferris, Nora Fish, Marin Fox, Kris Freeland, Sloane Gallagher, Magnolia Galvin, Cooper Garran, Elise Geden, Grace Giannitti, Tori Gifford, Caroline Gregory, Isabelle Grinstein, Madelyn Hambelton, Brooke Hamilton, Evelyn Hanlon, Peyton Hanlon, Tucker Harris, Allison Hartley, Katelyn Hartley, Ava Henney, Matthew Insogna, Amelia Jackson, Fiona Jackson, Ainsley Johnson, Isabella Johnson, Lucy Johnson, Eliana Jurewich, Rebecca Lancer, Charlotte Landry, Cora Lapinski, Mila Machunski, Charlotte Massoud, Ava Matarazzo, Kalina Maxfield, Mae McCarthy, Lucy McDermott, Madelyn McDermott, Nora McGonagle, Ellie McHugh, Catherine McKay, Claire Mellen, Avery Merritt, Norah Muhlen, Scarlet Muldowney, Eleanor Nichols, Vivian Nichols, Elizabeth Nicholson, Elena Nohos, Erin Ohnemus, Brenna O'Leary, Shannon ODonnell, Lily Oliver, Giuliana Orlando, Lidia Orlando, Olivia Oxley, Adeline Pace, Lily Panepinto, Carol Panetta, Norah Paralta, Burcu Patel, Eleanor Politano, Emmy Politano, Mia Politano, Anna Pontes, Tabitha Pudduck, Ashley Puga, Jessica Rausa, Cynthia Roberts, Emma Rock, Molly Roensch, Claire Rogers, Caroline Royce, Keira Sharkey, Olivia Sharris, Laura Silva, Meredith Smith, Nora Smith, Ivanna Stefantsiv, Julia Sullivan, Sofia Sullivan, Hailey Switchenko, Olivia Talamini, Samara Tefft, Savannah Tefft, Kaia Thoman, Madison Thomas, Clare Tobin, Adeline Walker, LeaAnne Wambolt, Sydney Weisheit, Georgia Yanosick, Mallory Yanosick, Ashley Zhu, Penelope Zikakis

Staff and Faculty:

Melissa Campbell, Kristin Cobb, Lynne Covel, Lindsay Gibbons, Shannen Kelley, Emily Keller, Adrienne Matthews, Shawn Simpson

Jennifer Cote, CEO & Founder

5 Year Awards

Giada Carone, Emily Jacobsen, Payton Lee, Lily Oliver, Elizabeth Pagliarulo, Julia Sullivan, Sofia Sullivan